



# WBYSO WEEKLY CABIN FEVER 5



## EXPERIMENT TIME Make Your Own Rock Candy!!

[https://www.youtube.com/watch?v=VpOU0Fo7QfU&feature=emb\\_logo](https://www.youtube.com/watch?v=VpOU0Fo7QfU&feature=emb_logo)

## RECIPE OF THE WEEK

### Easy Tortellini Soup!!!

<https://www.galonamission.com/one-pot-creamy-tomato-tortellini-soup/>

Try out this delicious recipe!

Enjoy!

## SOMETHING NEW 4 YOU Boston Children's Museum Virtual Tour!!!

<https://www.bostonchildrensmuseum.org/museum-virtual-tour>

## WACKY ACTIVITY Falling for Science!!!

Follow along with the instructions and learn something new.

<https://billnye.com/home-demos/falling-for-science>

## EXERCISE OF THE WEEK

### FUNterval !!!

Follow along the instructions for interval training for any age.

<https://www.purewow.com/family/high-intensity-interval-exercise-for->

## 33rd WEEK BONUS??!!?

Write a Letter to your future self!!!

On a piece of paper write yourself a message of the things you like and dislike then hide it away for a year + to see how much you've changed.