



2018 Order of Manitoba Recipient

WBYOS WEEKLY CABIN FEVER 5



EXPERIMENT TIME

https://www.youtube.com/watch?v=mwwBeDBh_ik

RECIPE OF THE WEEK—

QUINOA

<https://www.youtube.com/watch?v=WNTiOHbWmc>

SOMETHING NEW 4 YOU

Go garden camping! Pitch a tent on your lawn, get your camping stove going and toast some marshmallows. .

WACKY ACTIVITY

<https://www.youtube.com/watch?v=skHMzL95yCk>

EXERCISE OF THE WEEK

<https://www.youtube.com/watch?v=GHCqRsrQwNU>

SEVENTH WEEK BONUS?!?

[https://ed.ted.com/lessons?content_type=animation&direction=desc&sort=publish-date&user_by_click=student](https://ed.ted.com/lessons/content_type=animation&direction=desc&sort=publish-date&user_by_click=student)