



2018 Order of Manitoba Recipient

WBYOS WEEKLY CABIN FEVER 5



EXPERIMENT TIME

<https://www.youtube.com/watch?v=BtsRD4iK0mA>

RECIPE OF THE WEEK-

NASI LEMAK

https://www.youtube.com/watch?v=OUc2XEgn3_g

SOMETHING NEW 4 YOU

Get comfy on the couch, belly down. Your kids take turns finding things around the house and putting them on your behind. You ask, "What's on my butt?" (feel free to add funny voices here) and then try to guess. Hil-ar-i-ous.

EXERCISE OF THE WEEK

<https://www.youtube.com/watch?v=Sn7ltmaHq9E>

WACKY ACTIVITY

<https://www.youtube.com/watch?v=uBGe1dWHZ0M>

**ELEVENTH WEEK
BONUS?!?**

<https://thecrashcourse.com/>