

Entry Form

☐ Early Bird (With Shirt)
(No later than April 5th)

☐ Regular (No Guarantee Of Shirt)
(After April 5th)

Waiver (All entrants must sign!)

I know that participating in physical fitness is a potentially hazardous activity. I agree not to participate unless I am medically able and properly prepared. I agree to abide by any decision of an event official concerning my ability to safely participate. I assume any and all risks associated with the event: including but not limited to, falls, contact with other persons, objects, the effects of weather, traffic and course conditions. As a condition of my entering this event, I, for myself, any accompanying minors and anyone entitles to act on my behalf, waive and release Running Room Sports Inc. , any associated or related entities, their directors, officers, employees, agents representatives, sponsors, volunteers and organizers (herein collectively called "Event Organizers"), from present and future claims and all liabilities of any kind, known or unknown, arising out of my participation in this event or related activities, even though such a claim or liability may arise out of negligence or fault on the part of the Event Organizers. I agree that the Event Organizers shall not be liable for any personal injury, death or property loss, and I release the Event Organizers and waive all claims with respect thereto. In the event my registration fees are paid, I agree to be bound by the provisions of this waiver. I grant permission to Event Organizers to use or authorize others to use any photographs, motion pictures, or any other record of my participation in this event or related activities without remuneration. Applications for minors shall be accepted only with a parent's signature and should be signed by the minor. **SIGNATURE** _____

I am registering as an (circle 1, 2, or 3): **1.Individual 2.Family 3.Super Summer Slide Family Participant**

1) Name: _____ Phone: _____
Address: _____ City: _____ Prov: _____ Postal Code: _____
Email: _____ (Please supply an email address to receive run updates)

While we will try our best to accommodate all t-shirt size requests, we can only guarantee sizes for early bird registrants.

Please circle your t-shirt size request Unisex: S M L XL XXL Youth: XS S M

I have read the waiver of liability and indemnity Agreement. I understand and accept the terms.

Signature (Parent/Guardian signature if entrant is under 18 years of age): _____

If registering as a family team, please list family members attending:

2) Name: _____ DOB (MM/DD/YYYY): _____ M/F (Circle one)

Please circle your t-shirt size request Unisex: S M L XL XXL Youth: XS S M

I have read the waiver of liability and indemnity Agreement. I understand and accept the terms.

Signature (Parent/Guardian signature if entrant is under 18 years of age): _____

3) Name: _____ DOB (MM/DD/YYYY): _____ M/F (Circle one)

Please circle your t-shirt size request Unisex: S M L XL XXL Youth: XS S M

I have read the waiver of liability and indemnity Agreement. I understand and accept the terms.

Signature (Parent/Guardian signature if entrant is under 18 years of age): _____

4) Name: _____ DOB (MM/DD/YYYY): _____ M/F (Circle one)

Please circle your t-shirt size request Unisex: S M L XL XXL Youth: XS S M

I have read the waiver of liability and indemnity Agreement. I understand and accept the terms.

Signature (Parent/Guardian signature if entrant is under 18 years of age): _____

5) Name: _____ DOB (MM/DD/YYYY): _____ M/F (Circle one)

Please circle your t-shirt size request Unisex: S M L XL XXL Youth: XS S M

I have read the waiver of liability and indemnity Agreement. I understand and accept the terms.

Signature (Parent/Guardian signature if entrant is under 18 years of age): _____

Enclosed is:

☐ My non-refundable **registration** fee: \$ _____

☐ My non-refundable **pledges/donations**, as indicated on the pledge forms attached, of: \$ _____

E-Transfer Total: \$ _____

Cash/Cheque Total: \$ _____

(Please make all cheques payable to West Broadway Youth Outreach. Payments by credit card are accepted at www.runningroom.com)

Please send/drop off all entry forms to
West Broadway Youth Outreach
646 Portage Ave

I1TH ANNUAL SISH FUN RUN/ SKIP-A-THON PACK PICKUP

WEDNESDAY, MAY 22, 2024 FROM 1PM TO 7PM AT WBYO (646 PORTAGE AVE)

THURSDAY, MAY 23, 2024 FROM 1PM TO 5PM AT WBYO (646 PORTAGE AVE)

FRIDAY, MAY 24, 2024 FROM 1PM TO 7PM AT WBYO (646 PORTAGE AVE)

SUNDAY, MAY 26, 2024 FROM 8AM TO 9:45AM AT MULVEY SCHOOL (750 WOLSELEY AVE)

FREE
SISH POST-EVENT (10:00AM JUNE 2, 2024)
@ GORDON BELL HIGH SCHOOL HARDTOP
\$500 SKIP-A-THON PRIZE

Thank you to our 2023 supporters!



Thank you to our partners!



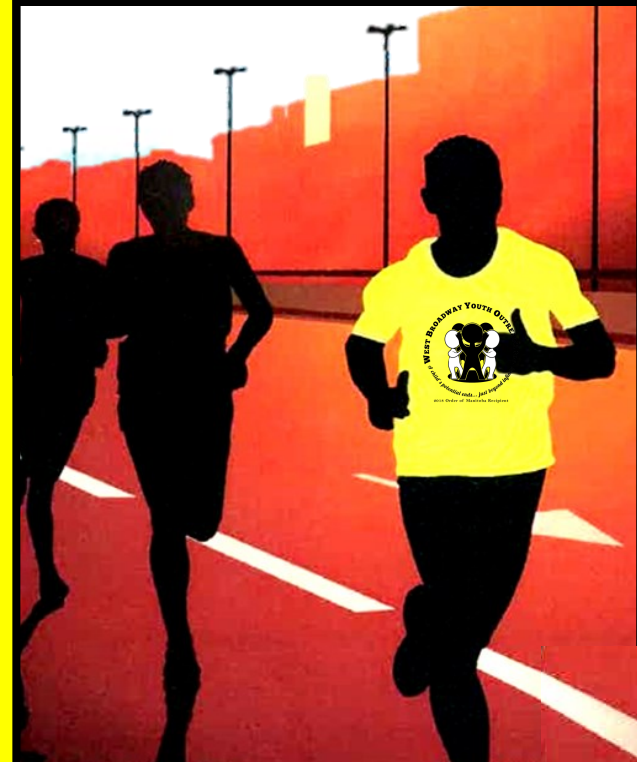
Sishfunrun.com

Register online @
www.runningroom.com



I1TH ANNUAL ish 5 FUN RUN

SUNDAY, MAY 26TH, 2024



IN SUPPORT OF:



2018 Order of Manitoba Recipient

SPONSORED BY:



IITH ANNUAL 5ISH FUN RUN

MEETING AT MULVEY SCHOOL (750 WOLSELEY AVE)
SUNDAY, MAY 26TH, 2024 AT 10:00AM SHARP!
(RAIN OR SHINE)

ENTRY FEES:

Early Bird (With Shirt) (No later than April 5th)	Regular (No Guarantee Of Shirt) (After April 5th)
Individual: \$30	Individual: \$40
Family: \$65 *Additional \$15 for family members after 5	Family: \$85 *Additional \$25 for family members after 5 (Super Summer Slide Participant)

3-5 immediate family members,
with maximum two adults.

Register a corporate team! Contact
5ishfunrun@gmail.com for more info!
Corporate Team: Additional \$30 after early
bird registration ends.

While we will try our best to
accommodate all t-shirt size requests,
we can only guarantee sizes
for early bird registrants.

The Run starts at *Mulvey School Field*,
travels west on *Wolseley Avenue*, crosses
Omand's Creek via the foot-bridge, travels
east on *Wellington Crescent* and ends back
at *Mulvey School Field*. Runners and
walkers of all ages welcome!



For race info or to volunteer visit
5ishfunrun.com or call: (204) 774-0451



West Broadway Youth Outreach (WBYO) is a year-round recreational and life skills program for core area children and beyond. WBYO works to create a safe, positive and fun environment that keeps kids off the street during peak after-school and evening hours. At WBYO, all programming is FREE and children have access to nutritious snacks and a variety of regular educational, athletic and creative activities including:

- Homework Club
- Bookworms
- Career Mentorship
- Music Jam Sessions
- Laundry Night
- Team Sports Night
- Yoga
- Cooking
- Computers
- Summer Camp



On any given day, dozens of children are learning from positive role models, developing their leadership skills and love of reading, exploring their creativity and fulfilling their potential. You can help these children reach their potential by collecting pledges and exercising with us in the 5ish Fun Run.

Pledge Form

Pledges can be dropped off at any time at WBYO (646 Portage Ave) or please call WBYO at (204) 774-0451 to make arrangements.
Credit card pledges can be made online at www.runningroom.com

Participant Name: _____

Phone: _____

Address: _____

City: _____ Prov: _____

Postal Code _____

ALL PLEDGES GO DIRECTLY TO:
West Broadway Youth Outreach
Charity Reg. #105627145RR0001

*Please make cheques payable to West Broadway Youth Outreach Inc. A charitable tax receipt will be issued for donations of \$25 or more.

Name: _____

Phone: _____

Address: _____

City: _____ Prov: _____

Postal Code _____

Pledged \$ _____

Cash ☐ Cheque ☐ Collected ☐

Name: _____

Phone: _____

Address: _____

City: _____ Prov: _____

Postal Code _____

Pledged \$ _____

Cash ☐ Cheque ☐ Collected ☐

Name: _____

Phone: _____

Address: _____

City: _____ Prov: _____

Postal Code _____

Pledged \$ _____

Cash ☐ Cheque ☐ Collected ☐

Name: _____

Phone: _____

Address: _____

City: _____ Prov: _____

Postal Code _____

Pledged \$ _____

Cash ☐ Cheque ☐ Collected ☐

Name: _____

Phone: _____

Address: _____

City: _____ Prov: _____

Postal Code _____

Pledged \$ _____

Cash ☐ Cheque ☐ Collected ☐